

Transform Your Life with Thanksgiving Living Hope in Troubled Times – Part 4

Life Church St. Louis – November 26, 2023

Lead Pastor – Dr. Dan Walker

Psalm 100:5 (ESV) For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations.

Ephesians 5:20 (ESV) giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,

James 1:17 (ESV) Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.

Colossians 3:17 (ESV) And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

1. Enter God's presence with _____

Psalm 100:4 (ESV) Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

2. Find _____ and peace in gratitude

1 Thessalonians 5:16 (ESV) Rejoice always,

1 Thessalonians 5:17-18 (ESV) pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

3. Trust God's provision and _____

Philippians 4:6 (ESV) do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

Philippians 4:7 (ESV) And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Transform Your Life with Thanksgiving Study Guide
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Intro. Do you tend to see the glass half-full or half-empty in life?

How can seeing the glass half-full help you give thanks always (Ephesians 5:20)?

What does James 1:17 tell us about what God gives us in life?

What does it mean to do everything in the name of the Lord Jesus and give thanks (Colossians 3:17)?

1A. Explain the difference between thanksgiving and praise (Psalm 100:4).

1B. How does Psalm 100:5 give us the reasons why we can always give thanks?

1C. What are times in your day when you can enter God's presence with thanksgiving?

2A. Do you think it is hard or easy to rejoice always (1 Thessalonians 5:16)? Why?

2B. How do the commands of prayer and thanksgiving in 1 Thessalonians 5:17-18 tie in with the command to rejoice in the previous verse?

2C. In what ways do you think that prayer and thanksgiving could bring more joy into your life?

3A. How does anxiety and worry stifle thanksgiving (Philippians 4:6)?

3B. How can prayer with thanksgiving help to eliminate worry (Philippians 4:6)?

3C. Why do you think that peace is the result of prayer with thanksgiving (Philippians 4:7)?

3D. What does God's peace guard you from (Philippians 4:7)?

3E. What are some practical ways that you can grow in transforming your life through thankfulness?

3F. How can being thankful to God help you be thankful for others?