

Resurrection Power for Victorious Living When Life Gets Hard - Part 4

Life Church St. Louis April 20, 2025

Lead Pastor Dan Walker, PhD, MDiv

Pray Daily for your Five Friends Focus

Introduction

Ephesians 1:19–20 (ESV) ... the immeasurable greatness of his power toward us who believe, according to the working of his great might that he worked in Christ when he raised him from the dead ...

Romans 8:11 (ESV) If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

Acts 1:8 (ESV) But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.

1. The Resurrection Breaks the Power of Sin

Romans 6:6 (ESV) We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin.

Romans 6:11 (ESV) So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Romans 6:13 (ESV) Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness.

Romans 6:14 (ESV) For sin will have no dominion over you, since you are not under law but under grace.

2. The Resurrection Gives Us Victory Over Fear and Death

1 Corinthians 15:54–55 (ESV) ...“Death is swallowed up in victory.” “O death, where is your victory? O death, where is your sting?”

1 Corinthians 15:57 (ESV) But thanks be to God, who gives us the victory through our Lord Jesus Christ.

Romans 8:11 (ESV) If the Spirit of him who raised Jesus from the dead dwells in you, he ... will also give life to your mortal bodies through his Spirit who dwells in you.

Romans 8:38–39 (ESV) For I am sure that neither death nor life, ... will be able to separate us from the love of God in Christ Jesus our Lord.

3. The Resurrection Calls Us to Walk in Newness of Life

Romans 6:4 (ESV) We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

2 Corinthians 5:17 (ESV) Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

Ephesians 4:22–24 (ESV) to put off your old self, ... and be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.

Colossians 3:1–2 (ESV) If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth.

Resurrection Power for Victorious Living Study Guide

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Introduction

1. What does “resurrection power” mean to you, and how do you think it impacts everyday life?
2. What might it look like to live in the power that raised Jesus from the dead? (Ephesians 1:19–20)
3. How does the indwelling presence of the Holy Spirit change your perspective on spiritual weariness or defeat? (Romans 8:11)
4. What does this verse teach us about the connection between power and our purpose as witnesses? (Acts 1:8)

1. The Resurrection Breaks the Power of Sin

1. What does it mean to no longer be enslaved to sin, and how can that affect the way we see ourselves? (Romans 6:6)
2. How might considering yourself “alive to God” shift the way you live each day? (Romans 6:11)
3. What would it look like to daily offer yourself to God as an instrument for righteousness? (Romans 6:13)
4. How can understanding grace as empowerment (not just forgiveness) reshape the way you respond to temptation? (Romans 6:14)
5. What practical steps can you take to live free from sin and walk in daily victory through the Holy Spirit?

2. The Resurrection Gives Us Victory Over Fear and Death

1. How does knowing death is “swallowed up in victory” help you deal with fear about the future? (1 Corinthians 15:54–55)

2. In what ways can you learn to receive victory as a gift instead of something to strive for? (1 Corinthians 15:57)
3. What kind of confidence does this promise give you about your present and your future? (Romans 8:11)
4. How does the assurance of God’s inseparable love affect your fear, anxiety, or worries? (Romans 8:38–39)
5. How can you rely on the Holy Spirit this week to overcome fear and live with bold confidence in God’s love?

3. The Resurrection Calls Us to Walk in Newness of Life

1. What does it mean to you to “walk in newness of life,” and how does that affect your day-to-day choices? (Romans 6:4)
2. How does your identity as a new creation help you leave the past behind? (2 Corinthians 5:17)
3. How can renewing your mind change the way you interact with the world around you? (Ephesians 4:22–24)
4. What are some ways you can set your mind on “things above” throughout your daily routine? (Colossians 3:1–2)
5. What bold action could you take this week that shows you're living the resurrection life?

Conclusion

1. Where in your life do you feel like you're just "getting by" instead of living in resurrection power?
2. What might change if you started each day by inviting the Holy Spirit to lead you into victory?
3. How can your group or community support one another in truly living out the power of the resurrection?