

Peace for Families in a Chaotic World Stronger Families Through Christ - Part 2

Life Church St. Louis September 28, 2025
Lead Pastor Dan Walker, PhD, MDiv

Pray Daily for your Five Friends Focus

Introduction

Matthew 6:33 (ESV) But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Psalms 127:1 (ESV) Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain.

Mark 8:36 (ESV) For what does it profit a man to gain the whole world and forfeit his soul?

1. Christ Holds Our Families Together

Colossians 1:15 (ESV) He is the image of the invisible God, the firstborn of all creation.

Colossians 1:16 (ESV) For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him.

Colossians 1:17 (ESV) And he is before all things, and in him all things hold together.

2. Christ Brings Peace Through the Cross

Colossians 1:18 (ESV) And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent.

Colossians 1:19–20 (ESV) For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

Colossians 1:21–23 (ESV) And you, who once were alienated and hostile in mind, doing evil deeds, he has now reconciled in his body of flesh by his death, in order to present you holy and blameless and above reproach before him—if indeed you continue in the faith, stable and steadfast, not shifting from the hope of the gospel that you heard...

3. Christ Gives Us Power to Grow

Colossians 1:24–25 (ESV) Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in Christ's afflictions for the sake of his body, that is, the church, of which I became a minister according to the stewardship from God that was given to me for you, to make the word of God fully known...

Colossians 1:26–27 (ESV) ...the mystery hidden for ages and generations but now revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory.

Colossians 1:28–29 (ESV) Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Christ. For this I toil, struggling with all his energy that he powerfully works within me.

Peace for Families in a Chaotic World Study Guide

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Introduction

1. Where do you most feel family chaos press in, and what would peace look like at home?
2. What does it practically mean to seek the kingdom first when your calendar is full (Matthew 6:33)?
3. In what ways are you trying to build a strong home without the Lord, and what changes could invite His building work (Psalm 127:1)?
4. What might your family be “gaining” at the cost of your souls, and how could you re-center your pursuits (Mark 8:36)?

1. Christ Holds Our Families Together

1. How does seeing Jesus as the visible image of the invisible God reshape your family's vision of Him (Colossians 1:15)?
2. If all things were created through and for Him, what would it look like for your routines and roles to be for Him (Colossians 1:16)?
3. Where have you experienced Jesus holding things together when your efforts were not enough (Colossians 1:17)?
4. Choose one weekly activity to reorder so Christ, not the calendar, sets your family's pace.

2. Christ Brings Peace Through the Cross

1. What changes when you recognize Jesus as the head who must be preeminent in every decision at home (Colossians 1:18)?
2. How does the peace Jesus made by His blood confront the way your family handles conflict and stress (Colossians 1:19–20)?
3. Where do you see Jesus moving you from alienated to holy and steadfast, and what helps you continue in that hope (Colossians 1:21–23)?
4. This week, how will you practice quick confession and eager forgiveness in a specific recurring family tension?

3. Christ Gives Us Power to Grow

1. What can your family learn from Paul's joyful endurance about facing busy or hard seasons with Christ's help (Colossians 1:24–25)?
2. How does Christ in you as the hope of glory give courage for the places you feel weakest at home (Colossians 1:26–27)?
3. What step toward maturity do you sense Jesus inviting your family to take as He works His energy within you (Colossians 1:28–29)?
4. Identify one simple daily rhythm that would help your family rely on His strength rather than willpower.

Conclusion

1. Where will you put Christ at the center of your schedule this week, and how will you know peace is increasing?
2. What is one habit you will start, stop, or sustain so your home reflects the truth that Jesus holds, reconciles, and strengthens your family?